

HAPPY ME, HAPPY YOU

Presented to you by
En Community Services Society



www.ecss.org.sg

This is a series of workshops to equip and train you to help you connect better with loved ones and be a better you.

A separate session for your child (will be conducted at the same time if you sign up together).

**9 Sep, Sat
2.30-5.00pm**

**Penny Foolish Pound
Wise -**

Financial planning on how to
be debt-free and shop wiser.

Make your money work
harder and better for you.

**4 Nov, Sat
2.30-5.00pm**

**Choose Better Live
Happier -**

Make enlightened choices
and solve problems better.

Better life choices for
yourself and your family.

Venue: Gardens by the Bay - Waterfront Plaza and Ficus Room

Time: 2.30pm - 5pm

Dates: 9 Sep, 4 Nov

Are you having trouble understanding your teenager?

**Does your spouse understand your frustrations at
work and at home?**

**How can you better express your dissatisfactions,
fears and worries without starting a fight?**

REGISTER NOW >



For more information please email
encares@ecss.org.sg



HAPPY ME, HAPPY YOU

Penny Foolish Pound Wise

Make your money work harder and better for you.

Understanding ourselves as parents and what our children are really thinking!



Financial planning on how to be debt-free and shop wiser.

- **Understand** how childhood experiences has a profound effect on how you parent
- **Find out** how self-understanding influences the approach you parent
- **Build** a more effective and enjoyable relationship with your children.

9 Sep 2023, Saturday

Venue: Gardens by the Bay - Active Garden and Ficus Room

Time: 2.30pm - 5pm

Attend FREE if you are a blue CHAS or WTC cardholder!

*Speaker:
Mr Isaiah Pang*



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