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Mother's Day 2024: Celebrate the Love and Legacy of Mothers

Mother's Day is a cherished occasion dedicated to honouring and appreciating mothers around the globe. This year, the celebration falls on Sunday, 12th May.

Today, we have the pleasure of speaking with Madam Tay, a mother of six and an active participant at the Pasir Ris West Wellness Centre. She graciously shared her thoughts on what Mother's Day means to her and how she celebrates this special day. Let's hear what she has to say.

This year, Mother's Day was a truly special occasion for one remarkable woman. Her celebration began with an exciting trip to Vietnam, a generous gift from one of her daughters. Adding to the joy, her eldest son surprised her with a brand new mobile phone. The festivities culminated in a delightful family gathering at the East Ocean Teochew Restaurant in Orchard, where everyone came together to honour her.

Life, however, has not always been kind to her. For the past 50 years, she has faced the challenges of being a single parent and a divorcee with extraordinary resilience and determination. She single-handedly shouldered the responsibility of raising six children, a task that required immense strength and dedication.

To make ends meet, she juggled three jobs. In the early mornings, she worked in a sugar manufacturing factory as a "sugar packer". By noon, she transformed into a Laksa seller in the bustling Joo Chiat area. Her evenings were spent as an assistant in a bread store, where one of her main responsibilities was slicing



Her story is one of unwavering perseverance and love. This Mother's Day, her family celebrated not just the occasion, but also her incredible journey and the sacrifices she made for them.

"I collected bread crusts from the bread store i worked in and eat them for breakfast, lunch and dinner so i can save more money for my 6 children."

How do you celebrate your Mother's Day this year. Share with me at solomon_kang@ecss.org.sg

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Learn more

New and Upcoming



08.06.2024

and eminated communications.

Learn about carring for youself first before you can be a be partner and parent to your loved ones. Find out how you to help your child cope better with and build resilience again bullying in school and in cyberspace; and close that gener gap between the grandparents and the kids by fostering intergenerational bonding and intimacy.

HANDS-ON PRACTICE
Learn through role plays and sharings to apply techniques and theories shared IN-DEPTH UNDERSTANDING



22.06.2024 Social Well-being in he Home: Closing the Generation Gap-understanding ourselves as parents, grandparents and what our kids are thinking

10am Mental and Emotional Wellness for Me

Putting 'Me" first, so can be there for others

08.06.2024

2pm Mental Well-being in School: when the going gets tough, the tough gets going

Like the old saying goes "happy wife, happy husband", same goes to the relationship between parents and their child.

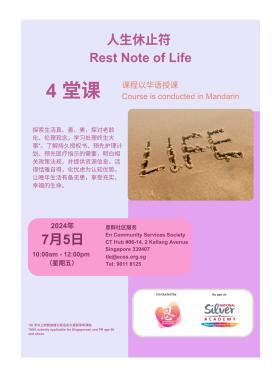
Register for our FREE workshop NOW Mental and emotional wellness for me 8 June 10am Mental well-being in school

8 June 2pm Social well-being at home

22 June 3pm

Location: Garden by the Bay, Active Garden, Ficus Room

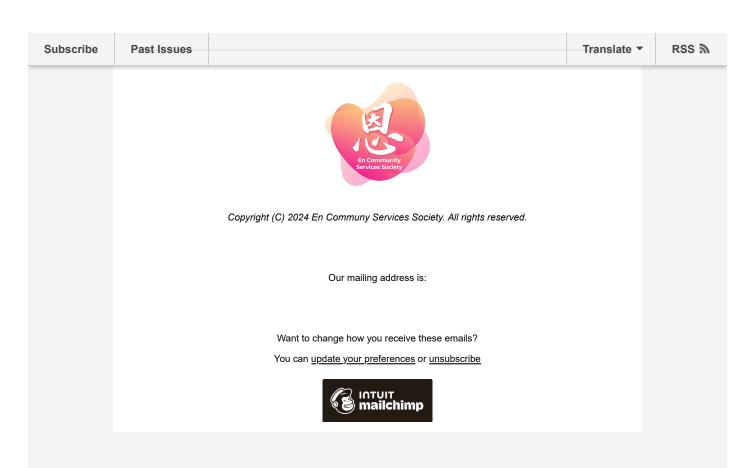
Explore the true, good, and beautiful aspects of life, discuss aging and ethical concepts, and learn how to handle life's major events. Understand the need for enduring power of attorney, advance care plans, and advance medical directives. Get to know the relevant policies and regulations, and access useful resources. Live gracefully and contentedly, turning worries into cognitive strengths. Ensure a well-prepared and worry-free later life and enjoy a fulfilling and happy existence. Rest Note of Life.





X

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