

Celebrate CNY 2025 with our senior volunteers in CT Hub





How did you celebrate your CNY 2025? Share with me at solomon_kang@ecss.org.sg



As we enter the new year, we embrace its qualities of wisdom and adaptability traits essential for navigating today's uncertainties. Chinese New Year celebrates more than traditions; it honours the profound importance of family bonds and reunions that strengthen our community.

In our fast-paced society, while balancing work and family life presents challenges, it's encouraging to see Singaporeans continuing to prioritize marriage, parenthood, and family connections. These relationships form the bedrock of our society, nurturing our values and supporting our aspirations.

At En Community Services Society (ECSS), we work hard to enhance our support for seniors through innovative programme and initiatives. Our goal remains clear: to empower older adults to age actively and purposefully, maintaining strong connections with both their families and the wider community.



New courses upcoming in April 2025

音乐祝福社区四弦琴班 Community Ukulele

通过学习四弦琴让音乐延缓衰 老、让旧曲新乐美化生活。在基 本课程学习后,可以继续留在我 们的四弦琴兴,学成者有机会加 入义工表演组,与我们一起把音 乐与欢乐带给其他乐龄朋友,为 社区服务,过更有意义和充实的 生活。



ACADEMY



Learn the art of Nagomi Pastel from our experienced trainer.

Start 9 Apr 25 10am

*50 岁以上的新加坡公民及永久居民享有津贴 *NSA subsidy applicable for Singaporean and PR age 50 and above

Location: En Community Services Society CT Hub #06-14, 2 Kallang Avenue Singapore 339407 Come learn how to play the ukulele with us.

Start 7 Apr 25 10am

Location: En Community Services Society CT Hub #06-14, 2 Kallang Avenue Singapore 339407



Nagomi Pastel Art Appreciation

日本和谐粉彩疗愈艺术无需美 术基础,通过简单技巧和手指 画画,提升乐龄人士的关节灵 活性、眼手协调,并增添生活 色彩与乐趣。

Pastel Nagomi Art, originating in Japan, utilizes pastels and finger painting to create soothing artwork, benefiting elders by promoting flexibility and mental engagement.



 \cap 4 堂课 ^{课程以华语授课} Course is conducted in Mandarin 2025年 4月9日 En Community Services Society CT Hub #06-14, 2 Kallang Avenue (星期三) Singapore 339407 10:00am - 12:00noon tle@ecss.org.sg \$36 after Tel: 9011 8125 NSA subsidies https://shorturl.at/FIIOs Scan this QR or use the link to register online Silver 以上的新加坡公民及永久居民享有全国乐龄学院津贴 subside applicable for Singaporean or